

# Chapter 1

## Introduction to Health Care



# OBJECTIVES

- ◆ Identify purpose of healthcare facilities.
- ◆ List and describe different types of healthcare facilities
- ◆ Describe a typical organizational structure of a healthcare facility – and explain how the Nursing Assistant fits into the structure.
- ◆ Describe the 3 most common ways nursing care can be organized.
- ◆ Explain what a care plan is and how it is used.
- ◆ List the main responsibilities of the nursing assistant.

# Key Terms

- ◆ **Activities of Daily Living (ADL)**
- ◆ **Acute Illness**
- ◆ **Care Plan**
- ◆ **Chain of Command**
- ◆ **Chronic Illness**
- ◆ **Diagnosis Related Groups (DRG)**
- ◆ **Interdisciplinary Team**
- ◆ **Kardex/Care Plan/Treatment Plan**
- ◆ **Managed Care**





A



B



C

**Figure 1-1** It is likely that a person will use many parts of the U.S. health care system during his or her lifetime.

# Health Care Has Many Parts

- Physicians' Offices
- Acute Care Hospitals
- Subacute Care
- Long-term Care
- Home Care
- Hospice Care



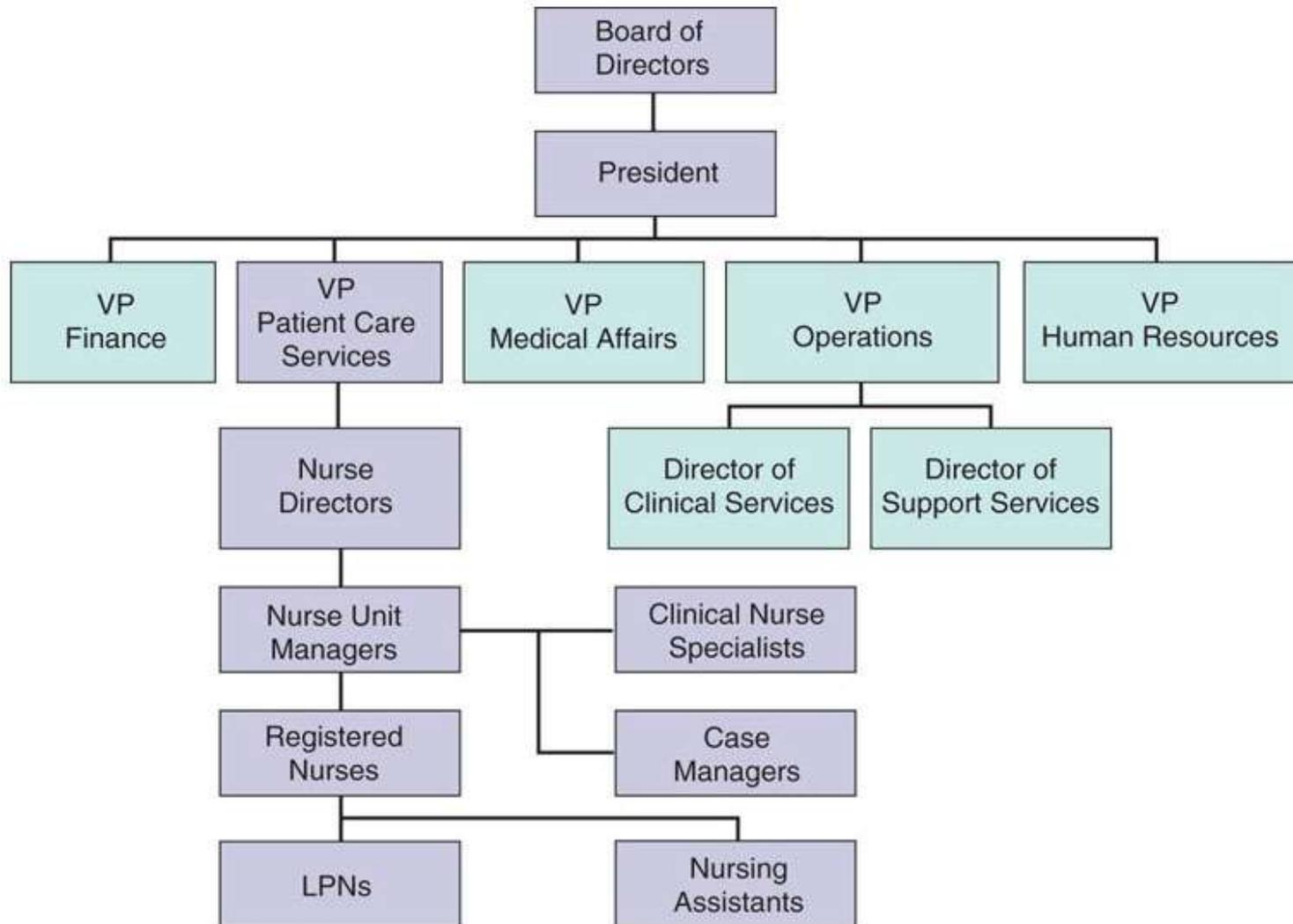


**Figure 1-2** Each of these organizations, (A) hospitals, (B) long-term care facilities, and (C) home health agencies, offers nursing assistants different career challenges.

# Healthcare Organizations Inspected

Must pass inspection by JCAHO q 3 years in order to receive Medicare & Medicaid payments

Monitored for safety and quality of service



**Figure 1-3 The nursing branch of a hospital organizational chart.**

# Organizations are Structured to Provide Safe Patient Care

- Chain of Command
- Interdisciplinary Team
- Rules and Policies





**Figure 1-7** Refer to the Kardex/Care Plan files when you have questions about a patient's care plan. Includes short-term & long-term goals. Care plan helps staff provide consistent care as well as tracking the progress of the patient

# The Nursing Team

- ◆ Registered Nurse (RN)
- ◆ Licensed Practical Nurse (LPN)A or
- ◆ Licensed Vocational Nurse (LVN)
- ◆ Certified Nursing Assistant (CNA)

# Tasks & Roles of the NAC

- **Activities of Daily Living (ADL)**
- **Quality Patient Care**
- **Patient Safety**
- **Take Direction from Nurses**
- **Observe Patient and Report**
- **Protect Your Health**



# The Nursing Assistant Must Always:

- **Communicate Effectively**
- **Use Resources Efficiently**
- **Be a Team Player**
- **Demonstrate Cultural Awareness**
- **Observer**



# Types of Nursing Care

- ◆ Primary Nursing
- ◆ Team Nursing
- ◆ Functional Nursing

# Chapter Review

- ◆ Types of facilities and the patients they can accommodate.
- ◆ Who is the person the nursing team who plans and coordinates patient care.
- ◆ What is a DRG?
- ◆ Discuss CNA scope of practice

